

## Dr. Stephen Chan's Services

- Aesthetic treatments
- Chronic tiredness
- Hormone imbalance
- Sleep problems
- Memory improvement
- Cancer support
- Detoxification
- Anti-aging tests
- IV Therapy
- Enzyme Therapy

## How to Contact Us

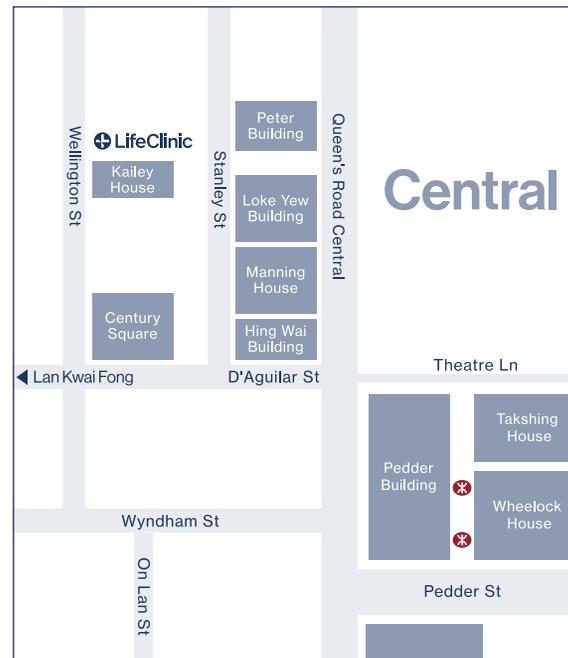
- ✉ reception@lifeclinic.com.hk
- ☎ 2881 8131
- 🌐 www.thelifeclinic.com.hk
- 📞 9456 3881

## Opening Hours

- Mon-Fri: 9 AM – 6:30 PM
- Sat: 9 AM – 1:30 PM
- Sun & Public: OFF

## How to Find Us

2-3F, The Loop, 33 Wellington Street,  
Central, Hong Kong 香港中環威靈頓街33號



## Dr. Stephen Chan

MRCP(UK),DRCOG,DFPP,MB BS(LOND),BSc.

Chief Medical Officer

## Dr. Stephen Chan's Biography

Dr. Chan graduated with a double degree in Medicine and Psychology from the University College London Medical School in the UK in 1993 and trained in numerous medical fields, including Cardiology, Neurology, Chest Medicine, and Dermatology.

Acting as a qualified member of the Royal College of Physicians and feeling passionate about offering his patients integrated treatments, Dr. Chan expanded his training to include Gynecology and Pediatrics before moving to Hong Kong in 2001 to practice as a Family Physician. He began offering the best of these practices at the flagship LifeClinic in 2011, a breakthrough clinic integrating the advances of nutritional, anti-aging, and Functional Medicine.

His passion is to empower and educate people to treat illness not just when it occurs but to maintain a state of optimal health so that patients do not succumb to illness in the first place.

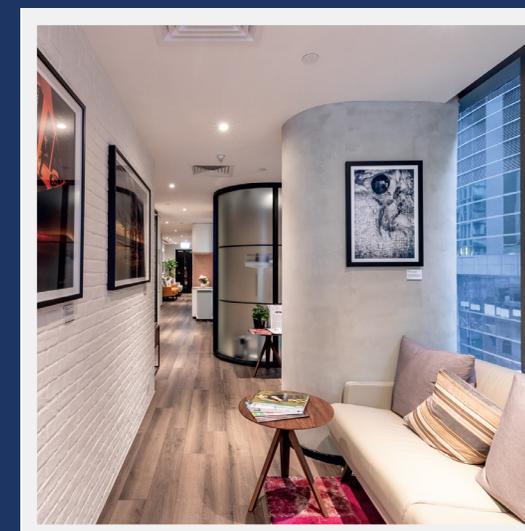
## Why is Integrative Medicine Important?

Integrative medicine is a multi-disciplinary approach that determines how and why an illness occurs and restores health by addressing the root causes of disease for each person. Calling on the influence of diet, exercise, lifestyle, environment, and psychological effects on health, integrative medicine addresses the body as a whole to optimize health.



## Integrative Medicine Can Help With

- Skin & Hair Health: eczema, psoriasis, acne, alopecia
- Gut Health: bloating, gas, reflux, constipation, diarrhea, IBS, IBD
- Hormones: PMS, libido, erectile dysfunction, perimenopause
- Metabolic Health: weight management, low energy, insulin resistance
- Chronic Disease: cardiovascular disease, diabetes, cancer, auto-immune diseases, thyroid diseases, neurodegenerative diseases
- Mental Health: stress, depression, anxiety, brain fog, irritability, insomnia



**LifeClinic** is a pioneering integrative medical centre, led by an international team of doctors and practitioners who were brought together by a common commitment to put the patient first in everything they do.

We integrate the latest advances in conventional, functional and anti-aging medicine together with evidence-based complementary medicine to create unique individualised programs to support and guide patients back to optimal health.

