

Dr. So Yung Pak Dennis's Services

- Aesthetic treatments
- Chronic tiredness
- Hormone imbalance
- Sleep problems
- Memory improvement
- Cancer support
- Detoxification
- Anti-aging tests
- IV Therapy
- Enzyme Therapy

To be confirmed

How to Contact Us

✉ reception@lifeclinic.com.hk

☎ 2881 8131

🌐 www.thelifeclinic.com.hk

☎ 9456 3881

Opening Hours

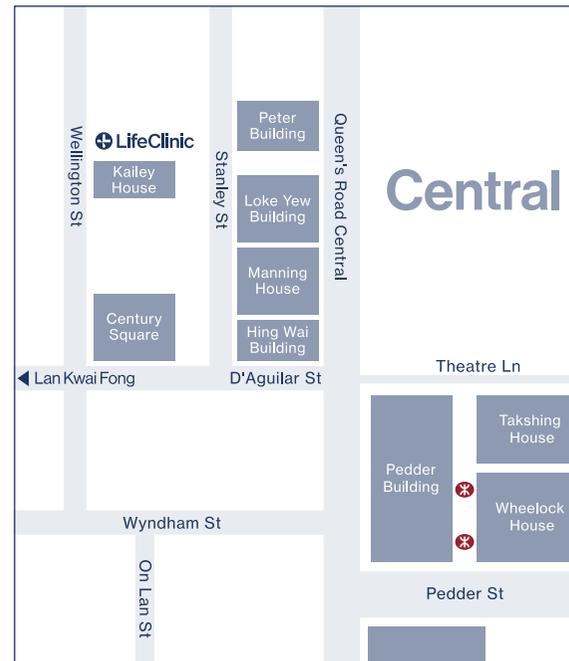
Mon-Fri: 9 AM – 6:30 PM

Sat: 9 AM – 1:30 PM

Sun & Public: OFF

How to Find Us

2-3F, The Loop, 33 Wellington Street,
Central, Hong Kong 香港中環威靈頓街33號



Dr. So Yung Pak Dennis

MBBS (HK), MRCGP, Dip Med of Elderly (Ireland),
PDip Diabetes Management & Ed (CUHK),
PG Dip Practical Dermatology (Cardiff)

Medical Doctor

Dr. So Yung Pak Dennis Biography

Dr So is an experienced doctor with the following qualifications: Bachelor in Medicine and of Surgery, Royal College of General Practitioners; Diploma in Medicine of the Elderly, Royal College of Physicians of Ireland; Diploma in Family Medicine, Chinese University of Hong Kong; Chinese University of Hong Kong; Diploma in Child Health, Royal College of Physicians.

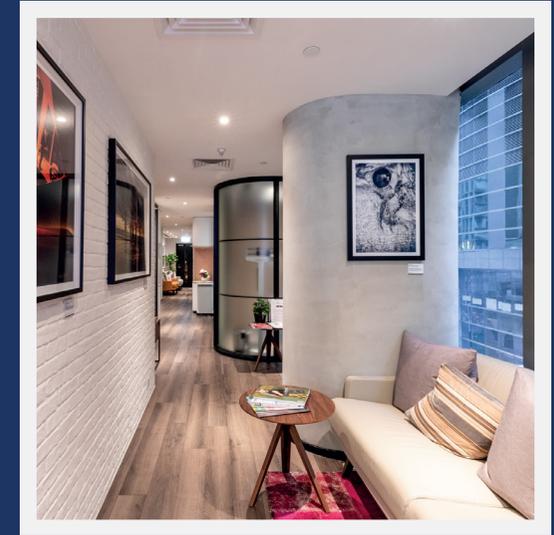
Why is Integrative Medicine Important?

Integrative medicine is a multi-disciplinary approach that determines how and why an illness occurs and restores health by addressing the root causes of disease for each person. Calling on the influence of diet, exercise, lifestyle, environment, and psychological effects on health, integrative medicine addresses the body as a whole to optimize health.



Integrative Medicine Can Help With

- Skin & Hair Health: eczema, psoriasis, acne, alopecia
- Gut Health: bloating, gas, reflux, constipation, diarrhea, IBS, IBD
- Hormones: PMS, libido, erectile dysfunction, perimenopause
- Metabolic Health: weight management, low energy, insulin resistance
- Chronic Disease: cardiovascular disease, diabetes, cancer, auto-immune diseases, thyroid diseases, neurodegenerative diseases
- Mental Health: stress, depression, anxiety, brain fog, irritability, insomnia



LifeClinic is a pioneering integrative medical centre, led by an international team of doctors and practitioners who were brought together by a common commitment to put the patient first in everything they do.

We integrate the latest advances in conventional, functional and anti-aging medicine together with evidence-based complementary medicine to create unique individualised programs to support and guide patients back to optimal health.